



WEEK 1 week commencing	WEEK 2 week commencing	WEEK 3 week commencing
04 Jan	11 Jan	18 Jan
25 Jan	1 Feb	8 Feb
22 Feb	1 Mar	8 Mar
15 Mar	22 Mar	29 Mar

### WEEKLY MENU—WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Jacket potato with beans	Pizza with wedges	Chicken Korma with rice & poppadom	Big Breakfast	Fish Fingers, chips and Peas
Jacket Potato with cheese	Packed lunch from home	Quorn Korma with Rice & poppodom	Vegetarian Big Breakfast	Packed lunch from home
Jacket Potato with Tuna & mayo		Packed lunch from home		
Packed lunch from home				
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Chocolate and Pear Tart	Stewed Fruit with Greek Yoghurt	Cheese Board and Fresh Fruit	Fruit Crumble with Chantilly Cream	Banana Bread with toffee sauce
Yoghurt	Cheese & Crackers	Yoghurt	Yoghurt	Cheese & Crackers
Seasonal Fruit	Yoghurt	Seasonal Fruit	Seasonal Fruit	Yoghurt
Cheese & Crackers	Seasonal Fruit	No Dessert	Cheese & Crackers	Seasonal Fruit
No Dessert	No Dessert		No Dessert	No Dessert

#### Allergens

**Jacket Potato with cheese:** Milk; **Stewed Fruit with Greek Yoghurt:** Milk; **Fruit Crumble with Chantilly Cream:** Cereals containing gluten, Milk; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Banana Bread with toffee sauce:** Cereals containing gluten, Milk; **Cheese Board and Fresh Fruit:** Celery, Milk; **Chocolate and Pear Tart:** Cereals containing gluten; **Jacket Potato with Tuna & mayo:** Eggs, Fish; **Pizza with wedges:** Cereals containing gluten, Milk, Soya; **Chicken Korma with rice & poppadom:** Soya, Sulphur Dioxide; **Quorn Korma with Rice & poppodom:** Eggs, Soya, Sulphur Dioxide; **Big Breakfast:** Cereals containing gluten, Eggs, Soya; **Vegetarian Big Breakfast:** Cereals containing gluten, Eggs, Soya; **Fish Fingers, chips and Peas:** Cereals containing gluten, Fish, Soya

### WEEKLY MENU—WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Sausage, Mash & Gravy	Meatballs & Pasta	Roast Chicken dinner	Hot Dog in a bun with wedges	Fish Fingers, Fries and Peas
Vegetarian Sausage, Mash & Gravy	Vegetable Pasta Bake	Vegetarian Roast Dinner	Quorn Dog in a bun with Wedges	Packed lunch from home
Packed lunch from home	Packed lunch from home	Packed lunch from home	Packed lunch from home	
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Cheese & Crackers	Stewed Fruit with Greek Yoghurt	Cheese Board and Fresh Fruit	Fruit Crumble with Chantilly Cream	Banana Bread with toffee sauce
Chocolate and Pear Tart	Cheese & Crackers	Cheese & Crackers	Cheese & Crackers	Cheese & Crackers
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
No Dessert	No Dessert	No Dessert	No Dessert	No Dessert

#### Allergens

**Stewed Fruit with Greek Yoghurt:** Milk; **Fruit Crumble with Chantilly Cream:** Cereals containing gluten, Milk; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Banana Bread with toffee sauce:** Cereals containing gluten, Milk; **Cheese Board and Fresh Fruit:** Celery, Milk; **Fish Fingers, Fries and Peas:** Cereals containing gluten, Fish; **Chocolate and Pear Tart:** Cereals containing gluten; **Sausage, Mash & Gravy:** Cereals containing gluten; **Vegetarian Sausage, Mash & Gravy:** Eggs; **Meatballs & Pasta:** Cereals containing gluten; **Vegetable Pasta Bake:** Cereals containing gluten, Milk; **Roast Chicken dinner:** Soya; **Hot Dog in a bun with wedges:** Cereals containing gluten, Soya; **Quorn Dog in a bun with Wedges:** Cereals containing gluten, Eggs, Soya; **Vegetarian Roast Dinner:** Eggs, Soya

### WEEKLY MENU—WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Homemade Chicken Goujons & Wedges	Cottage pie, mash & Peas	Roast Pork Dinner	Cheese and Tomato Pasta Bake	Fish Cakes, Chips & Peas
Homemade Quorn Goujons & Wedges	Vegetarian cottage pie, Mash & Peas	Vegetarian Roast Dinner	Packed lunch from home	Packed lunch from home
Packed lunch from home	Packed lunch from home	Packed lunch from home		
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Cheese & Crackers	Cheese & Crackers	Yoghurt	Chocolate & sesame Seed Cookie	Banana Bread with toffee sauce
Yoghurt	Yoghurt	Seasonal Fruit	Cheese & Crackers	Cheese & Crackers
Seasonal Fruit	Seasonal Fruit	No Dessert	Yoghurt	Yoghurt
No Dessert	No Dessert	Cheese Board and Fresh Fruit	Seasonal Fruit	Seasonal Fruit
Chocolate and Pear Tart	Stewed Fruit with Greek Yoghurt		No Dessert	No Dessert

#### Allergens

**Cottage pie, mash & Peas:** Celery; **Vegetarian cottage pie, Mash & Peas:** Celery, Cereals containing gluten, Eggs; **Stewed Fruit with Greek Yoghurt:** Milk; **Chocolate & sesame Seed Cookie:** Cereals containing gluten, Eggs, Milk, Sesame seeds; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Banana Bread with toffee sauce:** Cereals containing gluten, Milk; **Cheese Board and Fresh Fruit:** Celery, Milk; **Chocolate and Pear Tart:** Cereals containing gluten; **Homemade Chicken Goujons & Wedges:** Cereals containing gluten, Eggs, Soya; **Homemade Quorn Goujons & Wedges:** Cereals containing gluten, Eggs, Soya; **Roast Pork Dinner:** Soya; **Vegetarian Roast Dinner:** Eggs, Soya; **Cheese and Tomato Pasta Bake:** Cereals containing gluten, Milk; **Fish Cakes, Chips & Peas:** Cereals containing gluten, Eggs, Fish, Soya