



# AUTUMN TERM LUNCH MENU

<b>WEEK 1</b> week commencing	<b>WEEK 2</b> week commencing	<b>WEEK 3</b> week commencing
6 Sept	13 Sept	20 Sept
27 Sept	4 Oct	11 Oct
18 Oct	1 Nov	8 Nov
15 Nov	22 Nov	29 Nov
6 Dec	13 Dec	

## WEEK 1 (vegetables and salad available every day - no need to pre-order)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Jacket potato with beans	Packed lunch from home	Packed lunch from home	Packed lunch from home	Fish Fingers
Jacket Potato with cheese	Chicken Korma	Cheese & Tomato Pizza	Beef Mince	Packed lunch from home
Jacket Potato with Tuna & mayo	Quorn Korma		Quorn Mince	Quorn Nuggets
Packed lunch from home				
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
No Vegetables	No Vegetables	No Vegetables	No Vegetables	No Vegetables
	Rice & Poppadom	Potato Wedges	Mashed Potato	Chips
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Seasonal Fruit	Cheese & Crackers	Cheese & Crackers	Cheese & Crackers	Cheese & Crackers
Cheese & Crackers	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	No Dessert
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Seasonal Fruit
No Dessert	No Dessert	No Dessert	No Dessert	Yoghurt

**Allergens**  
**Cheese & Tomato Pizza:** Cereals containing gluten, Milk; **Potato Wedges:** Soya; **Rice & Poppadom:** Soya, Sulphur Dioxide; **Quorn Korma:** Eggs; **Fish Fingers:** Cereals containing gluten, Fish, Soya; **Quorn Nuggets:** Soya; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Jacket Potato with Tuna & mayo:** Eggs, Fish; **Jacket Potato with cheese:** Milk; **Chips:** Soya; **Quorn Mince:** Eggs

## WEEK 2 (vegetables and salad available every day - no need to pre-order)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Sausage	Packed lunch from home	Packed lunch from home	Packed lunch from home	Packed lunch from home
Quorn Sausage	Haughton Burger	BBQ Quorn	Meatballs	Fish Fingers
Packed lunch from home	Haughton Veggie Burger	BBQ Chicken fillet	Fresh Vegetable Sauce	Quorn Nuggets
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
No Vegetables	No Vegetables	No Vegetables	No Vegetables	No Vegetables
Mashed Potato	Potato Wedges	Hash Browns	Pasta	Chips
			Pasta & Garlic Bread	
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Cheese & Crackers	Cheese & Crackers	Yoghurt	Cheese & Crackers	Yoghurt
No Dessert	No Dessert	Seasonal Fruit	No Dessert	Seasonal Fruit
Seasonal Fruit	Seasonal Fruit	No Dessert	Seasonal Fruit	No Dessert
Yoghurt	Yoghurt	Cheese & Crackers	Yoghurt	Cheese & Crackers

**Allergens**  
**Potato Wedges:** Soya; **Pasta:** Cereals containing gluten; **Fish Fingers:** Cereals containing gluten, Fish, Soya; **Sausage:** Cereals containing gluten; **Quorn Sausage:** Eggs; **Meatballs:** Cereals containing gluten, Eggs; **Quorn Nuggets:** Soya; **Pasta & Garlic Bread:** Cereals containing gluten, Milk; **Haughton Burger:** Cereals containing gluten, Eggs, Sesame seeds; **Haughton Veggie Burger:** Eggs, Sesame seeds; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Chips:** Soya; **Hash Browns:** Soya; **BBQ Quorn:** Eggs

## WEEK 3 (vegetables and salad available every day - no need to pre-order)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Homemade Chicken Goujons	Packed lunch from home	Packed lunch from home	Packed lunch from home	Fish Fingers
Homemade Quorn Goujons	Beef Bolognese	Cheese & Tomato Pizza	Hotdog in bun	Packed lunch from home
Packed lunch from home	Quorn Bolognese		Quorn Dog in Bun	Quorn Nuggets
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Potato Wedges	Pasta	No Vegetables	No Vegetables	No Vegetables
No Vegetables	No Vegetables		Sweet Potato Wedges	Chips
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Cheese & Crackers	Yoghurt	Cheese & Crackers	Yoghurt	Yoghurt
No Dessert	Seasonal Fruit	No Dessert	Seasonal Fruit	Seasonal Fruit
Seasonal Fruit	No Dessert	Seasonal Fruit	No Dessert	No Dessert
Yoghurt	Cheese & Crackers	Yoghurt	Cheese & Crackers	Cheese & Crackers

**Allergens**  
**Cheese & Tomato Pizza:** Cereals containing gluten, Milk; **Potato Wedges:** Soya; **Pasta:** Cereals containing gluten; **Fish Fingers:** Cereals containing gluten, Fish, Soya; **Hotdog in bun:** Cereals containing gluten; **Quorn Dog in Bun:** Cereals containing gluten, Eggs; **Homemade Chicken Goujons:** Cereals containing gluten, Eggs, Soya; **Homemade Quorn Goujons:** Cereals containing gluten, Eggs, Soya; **Quorn Nuggets:** Soya; **Cheese & Crackers:** Cereals containing gluten, Milk; **Yoghurt:** Milk; **Chips:** Soya; **Sweet Potato Wedges:** Soya