

## Physical Education

### Intent Implementation Impact Statement

#### *Intent*

Physical Education is really important to us at Haughton School. We maximise the opportunities for children to become more physically literate and confident, in a supportive environment. We encourage a healthy and active lifestyle, alongside a positive attitude to sport. Key to this is our vision to use PE and sport as opportunities to embed values such as fairness and respect.

#### *Implementation*

EYFS have a physical programme of activities that are taught throughout each day as part of their continuous provision and planning in the moment work as well as one PE session per week. The children in our Early Years swim all year round. The scheme for our PE activities in Badgers is taken from the New Zealand Fundamental Movement Skills. The children work through their fundamental skills in the agreed order, learning the skill before using that skill within a game situation.

All children in Key Stage 1 have one PE session each week. They have a physical programme of activities that are taught throughout each day as part of their continuous provision and planning in the moment work.

Children in Key Stage 2 have two sessions of PE each week (one when they are swimming). All children have a 10-week course of swimming at The Abraham Darby Leisure Centre each academic year.

Key Stage 1 and Key Stage 2 use the Twinkl PE scheme to ensure that the requirements of the National Curriculum are fully met. This scheme has been chosen as it has a wide variety of activities, it has very clear lesson plans with outcomes that are achievable. There is a clear movement through to gaining mastery of a skill and a visual support for both teachers and children to follow through the use of PowerPoints and visual cards.

Children also take part in a range of activities with local schools and other year groups where they are supported to experience football and multi-skills events and have the opportunity to experience friendly competition. We also have visiting coaches coming into school giving the children the chance to experience a wider range of sport e.g. cricket.

#### *Impact*

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

*We are hoping the introduction of this new scheme will give our children opportunities to develop a wide range of skills in an exciting way and will promote healthy attitudes towards exercise which the children will take with them to their secondary education and beyond.*